

SA SELECTORIZED SERIES

SA030 - ASSISTED CHIN/DIP







PRODUCT OVERVIEW

The SAO30 is a dual-function selectorized strength machine designed specifically for assisted pull-ups and dip exercises—two foundational upper body movements. Ideal for commercial gyms and personal training areas, this compact unit integrates both vertical pulling and pushing mechanics to target the back, chest, shoulders, and arms with precision.

The integrated assistance platform follows the user's natural center-of-gravity shift during movement, providing stable and secure support. When bodyweight training is desired, the foot platform can be folded away to ensure an unobstructed training experience.

The adjustable counterweight system allows users of different body weights and strength levels to tailor assistance accordingly, enhancing training effectiveness. Combined with ergonomic grips and clearly defined movement paths, the SAO30 offers a safe, progressive solution for mastering bodyweight strength with control and confidence.



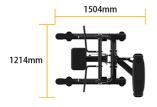
SPECIFICATIONS & KEY FEATURES

Specifications

Dimension:	1214*1504*2310mm
Total Weight:	240kg
Weight Stack:	100kg
Max Weight Stack:	100kg







| Product Features



Dual-Function Design

Supports both assisted pull-ups and dips, enabling targeted upper body training while maximizing space efficiency.



Stabilized Assistance Platform

Follows the body's natural motion path for balanced support; foldable design ensures flexibility between assisted and unassisted training.



Adjustable Counterweight System

Enables scalable assistance based on user body weight and strength level, improving accessibility and workout precision.



Ergonomic Grip Structure

Provides multiple secure hand positions for comfort and control throughout each movement.